

**DENTAL DEVELOPMENTS**  
**SUMMER/FALL 2012**



**6443 W. 10th St  
 Suite 204  
 Indianapolis, IN  
 46214  
 317-247-9512  
 317-484-6393 (fax)**

- Dr. Brent Barta  
General Dentistry
- Dr. Jay Bowling  
General Dentistry
- Dr. Edmund Rapp  
Endodontics
- Dr. Robert Hindman  
Periodontics
- Dr. Laura Juntgen  
Pediatrics
- Dr. Katherine Nichols  
Pediatrics
- Dr. Peter Chapman  
Orthodontics

**Office Hours**

- Monday: 9am-6pm**
- Tuesday: 7:30am-4:30pm**
- Wednesday: 7:30am-4:30pm**
- Thursday: 9am-6pm**
- Friday: 8am-2pm**
- Saturdays: 8am-2pm**  
(2nd & 3rd Saturday each month)



Dr. Laura Juntgen

For many of our patients, it's time to go back to school. That time has also come for our Children's Dentist, Dr. Misti Langmaack. Earlier this year, Dr. Misti was accepted into an advanced degree program for Pediatric Dentistry at the University of Detroit. This program will allow Dr. Misti to receive additional specialty training in dental care of children and handicapped patients. Her training will include work in growth and development, orthodontics, sedation, and hospital based treatment.

We said our goodbyes to Dr. Misti at the end of June, and wish her the best of luck!

While we were all saddened by Dr. Misti's departure, we are proud and happy to welcome two new doctors to West 10th Dental Group's pediatric team!!

Dr. Laura Juntgen started with West 10th Dental Group on Monday, July 9th. She grew up in Fort Wayne, and earned her undergraduate degree from DePauw University in

Kinesiology (the discipline emphasizing the study of movement as it relates to physical activity, health and disease prevention, exercise, and sport).

Dr. Laura attended dental school at Case Western Reserve University and completed her residency at Indiana University/Riley Hospital. She says she knew when she started dental school that she wanted to specialize in pediatric dentistry. "I love working with kids because you never know what to expect! I laugh daily at the conversations I am privileged to share with my patients. They keep me smiling, keep me busy, and keep me young. I wouldn't do anything else!"

Her two dogs, Owen (a labradoodle) and Linus (a goldendoodle) keep her busy and smiling too, along with her husband of three years, Dave, who she met in Middle School!

In her free time, Dr. Laura enjoys gardening, walking, reading, and watching movies (her favorite kids movie is Disney Pixar's Up). She's even been skydiving! But don't expect to see any recipes from her in our Staff Favorites section. According to Dr. Laura herself, "I can't cook *anything!*"

Dr. Katie Nichols will join West 10th Dental Group in September. She is currently at home with her newborn son, Nolan.



Dr. Katherine Nichols

Like Dr. Laura, Dr. Katie also completed her residency at Indiana University/Riley Hospital after attending Indiana University's School of Dentistry.

Her decision to go into pediatric dentistry was inspired by the time she spent volunteering in children's dental clinics, and mission work she did with young children in Mexico during dental school. The aspects of pediatric dentistry that she enjoys most are building relationships with families, encouraging good oral health from an early age, and developing positive experiences for children at the dental office.

When she's not working or spending time with her family, Dr. Katie enjoys almost any activity outdoors, especially skiing, hiking, kayaking and camping. She also enjoys practicing yoga, to keep her calm and centered while learning the ropes of motherhood. We look forward to learning more about Dr. Katie in September.



## Wedding Bells are Ringing...

Congratulations to our Pediatric Coordinator, **Debbie Hedger** and her *new husband* Brandon! The couple were wed July 21st.

Debbie and Brandon met in college and have been dating for the last 8 years. Brandon decided to pop the question last February, and planned a romantic carriage ride. When Debbie caught wind of the carriage ride plans, she tried to invite his parents along, which Brandon adamantly denied. On the big day, they were running late and Brandon feared they would miss their ride, so he grabbed Debbie's hand and made her run all the way from the parking garage! Once the ride started, Brandon got very quiet. Then he looked at Debbie and said "I could see myself sitting with you for the rest of my life". Debbie smiled and replied "Sign me up!" Brandon then got down on one knee and asked Debbie to marry him. Debbie says it was the best moment of her entire life! Congratulations to both of you—we wish you a lifetime of happiness!!



## A NEW WAY TO BRIGHTEN YOUR SMILE!



Looking for a brighter smile to go with your summer tan? West 10th Dental Group now offers 2 quick and easy solutions for teeth whitening; The Teeth Whitening Pen from Whiter Image, and the Chic Flic Teeth Whitening & Lip Gloss Plumper Pen.

Both products are available now and super easy to use. Simply remove the wand from the whitening pen, smile wide and brush the gel across all teeth. Hold your smile for 30 seconds, then relax your lips. The gel is instantly activated and will continue to whiten as it dissipates. The gel is even mint flavored for fresher breath while you whiten!

The Chic Flic Teeth Whitening & Lip Gloss Plumper Pen comes equipped with LED lights and mirrors for use anywhere. The lip plumper gloss is a vanilla flavor that goes on clear with a blue base for an even whiter smile!

To see before and after photos, or for more information, visit their website at <http://whiterimage.com>. Both products are available for purchase from our office. The Whitening Pen is only \$20, and the Whitening Pen with Lip Plumper is only \$25. Stop by and pick one up today!



## COMMUNITY CORNER

In May, Dr. Hindman traveled to Ho Chi Minh City (formerly Saigon), in Vietnam. He was there for one week as part of a medical outreach program affiliated with Indiana University. Physicians and dentists provided instruction and care in hospitals, as well as in a village just outside the city.

While he was there, Dr. Hindman also had the opportunity to check out some of the historical sites from the Vietnam War, as well as sample some of the local fare like cobra and deep fried sparrow!

Be sure to check out our Facebook page to see more photos of Dr. Hindman's amazing experience.



Dr. Hindman performs a scaling and root planing procedure during his recent trip to Vietnam.

## STAFF FAVORITES— PAT'S GARDEN VEGETABLE BOWL

Anyone who knows Pat knows she loves to garden—check out this delicious dish she makes from her own homegrown veggies.

### Ingredients:

- 1/4 cup margarine
- 4 cups sliced zucchini
- 1 1/2 cups corn
- 1/2 cup chopped onion
- 1/3 cup chopped green pepper
- 1/2 tsp. salt
- 1 Tbsp. chopped fresh dill weed or 1 tsp. dried dill weed.



Use fresh vegetables from your own garden to make this delicious dish from our hygienist, Pat Hefner.

### Directions:

- Melt margarine in a skillet over medium heat.
- Add vegetables and salt to skillet and sauté for 10-12 minutes, or until vegetables are soft and cooked through.
- Sprinkle with dill and serve.
- Serves 4-6